

antipasti

starters

pizza breads
herb or garlic & herb
garlic, herb & mozzarella
feta & onion

beef carpaccio
beef carpaccio, rocket, *italian parmesan,
black pepper, homemade dressing

AVO 39

chicken livers
chicken livers in peri-peri pomodoro sauce,
served with ciabatta toast

zuppa

homemade soup

spicy tomato & capsicum
with crispy capers

creamy leek & potato
with seasoned croutons

BACON 39

pasta fagioli
italian pasta soup with cannellini beans,
carrots, celery, onions, tomatoes

insalata

salads

caesar
cos lettuce, croutons, egg, *italian parmesan,
kinga’s caesar dressing

BACON 39 | CHICKEN 44 | ANCHOVY 44

brioso
lettuce, rocket, roasted beetroot, cranberries,
green yoghurt dressing, feta, roasted
butternut, butternut chips, crispy onion

CHICKEN 44

broccolo
rocket, broccoli, feta, avo, spring onion,
sunflower seeds, poppy seeds, oriental
dressing

greek
lettuce, cherry tomatoes, olives, feta, onion,
cucumber

san siro
chopped lettuce, cucumber, avo, cherry
tomatoes, corn, carrots, sunflower seeds,
sesame seeds, peppadew™ piquanté peppers

green salad
lettuce, baby spinach, artichokes, cucumber,
avo, mushroom, spring onion

BACON 39 | CHICKEN 44

choose your toppings

basil, chilli, garlic, rosso onion, green pepper,
peri-peri 15

crispy onion, roasted beetroot, pineapple, roasted
butternut, pickled jalapeños 24

olives, roasted red pepper, mushroom, ham 30

asparagus, balsamic roasted cherry tomatoes,
black mushroom 35

bacon, salami, italian sausage, avo 39

anchovy, chicken 44

peppadew™ piquanté peppers 45

artichokes, beef mince 49

pepperoni, chorizo 55

spicy asian de-boned smoked pork 112

prawns de-shelled [75g] 73 [150g] 145



cheese me up

feta
*italian parmesan
mature cheddar
mozzarella
fior di latte mozzarella
vegan dairy-free cheeze**

** dairy-free cheeze contains nuts

edamame
cos lettuce, edamame beans, cucumber,
avo, grilled baby marrow, sunflower seeds,
broccoli, crispy onions, truffle dressing

orientale
chicken, coriander, red onion, chopped
lettuce, almond flakes, julienned carrots,
cranberries, edamame beans, sesame seeds,
oriental dressing

AVO 39

cobb
cos lettuce, chicken, bacon, cherry tomatoes,
avo, egg, ranch-style dressing, crispy onion

mediterranean lamb bowl
roast lamb, rocket, peppadew™ piquanté
peppers, pumpkin seeds, sunflower seeds,
peas, seasoned croutons, vinaigrette, lemon
oil

caprese
fior di latte mozzarella, tomatoes, olives, basil,
balsamic glaze

AVO 39 | SALAMI 39

wasabi-bee
lettuce, carrots, cucumber, avo, pickled red
onion, radish, chicken, cashew nuts, wasabi
balsamic glaze

bambini

calling all junior fans under 12!

build your own pizza

margherita
tomato base, mozzarella, herbs

choose your toppings

pineapple 12

olives, feta, mushrooms 15

ham 18

bacon, salami, italian sausage, avo 20

chicken 22

pepperoni 27

pasta

pomodoro
tomato, basil

funghi bianco
exotic mushrooms, cream, herbs,
*italian parmesan

bolognaise
beef bolognaise, *italian parmesan

homemade lasagna
beef bolognaise, béchamel sauce,
*italian parmesan

dolci

desserts

choc nut sundae
vanilla ice cream, bar one sauce, brownie
bits, crushed hazelnuts

double chocolate brownie
with salted caramel sauce, popcorn & vanilla
ice cream

malva pudding
with pumpkin praline, ice cream

pancakes
• italian chocolate hazelnut spread &
vanilla ice cream
• or salted caramel sauce, almond
flakes & vanilla ice cream



milkshakes

vanilla
berry
bar one
salted caramel
coffee
speckled egg

cold beverages

still / sparkling water 500ml
soft drinks
[coke, creme soda, sprite, fanta, coke zero,
coke light, sprite zero]
coca cola 1L
[coke, coke zero]
appletiser, grapetiser
bos ice tea
[peach, lemon]
schweppes®
[soda, lemonade, ginger ale]
switch
[original, element, vitamin c, lemon & ginger]

lunch

smaller portions | 11am - 4pm

piccolo pizzawich

salad served in an open
pizza sandwich

the goddess
mozzarella, fresh tomato, fresh rocket, vinegar
balsamic glaze, basil

lekker caesar
cos lettuce, chicken, parmesan, egg, caesar
dressing

mzansi fresh
rocket, roasted butternut, roasted beetroot,
feta, green yoghurt dressing, crispy onions

sesame slay
rocket, chicken, red onions, coriander, wasabi
glaze, carrots, sesame seeds

piccolo insalata

cape toscana
lettuce, cucumber, carrots, pickled red onion,
cherry tomatoes, feta, sunflower seeds

mozza verde
lettuce, baby marrow, carrots, mozzarella, egg,
crispy onions, caesar dressing

crispy harvest
lettuce, butternut, cucumber, feta, basil,
croutons, cranberries, vinaigrette, sesame
seeds

piccolo pasta

butternut toscano
pomodoro sauce, roasted butternut, feta,
pumpkin seed praline, seeds

mushroom milano
pomodoro sauce, mushrooms, cream, basil

spaghetti meatballs

piccolo pizza 24cm

piccolo mostarda
chicken, crispy onion, mustard mayo

piccolo pepperoni
pepperoni

piccolo olimpo
creamed spinach, olives, feta

piccolo margherita
tomato base, mozzarella, herbs

piccolo calzone

kaya kicker
mozzarella, pepperoni, pickled jalapeño

zaza zen
mozzarella, basil, balsamic tomato

the sizzlone
mozzarella, bacon, onions, bbq sauce

chik & chill
mozzarella, chicken, sweet chilli mustard mayo

wood-fired pizza

our pizzas can be ordered as a half and half (two of your favourite pizza choices as 2 halves at an additional 10% cost).

sweet and spicy hot honey, chorizo, fior di latte mozzarella	199
meatball fiesta pomodoro base, mini meatballs, feta, peppadew™ piquanté peppers	189
tikka twist chicken tikka, pickled red onion, green yoghurt dressing, coriander	179
tuscan zest creamed spinach, italian sausage, lemon zest, *italian parmesan	189
masala new tomato base, coriander chutney, masala chicken, mozzarella, mushroom, mature cheddar, chutney yoghurt, fresh coriander	215
strega black mushroom, garlic, herbs, rosemary	155
pepperoni blaze ribbon pepperoni, roasted red peppers	189
esotica ham, pineapple	149
morituri chicken, bacon, avo, feta, roasted red pepper	229
regina ham, mushroom	165
CALZONE OPTION	
inferno prawns, peri-peri	279
the mogulh indian butter chicken, yoghurt, fior di latte mozzarella, coriander, crispy onion	235
norm’s pralina butternut & tomato base, roasted butternut, chilli, feta, pumpkin seed praline, rocket	169
AVO 39	
stagionata ham, mushroom, artichokes, olives	199
nacho libre jerk spiced chicken, sour cream, homemade guacamole, tomato chilli salsa, coriander	235
forresta salami, black mushroom, feta, garlic, green pepper	209
CALZONE OPTION	
mozzafiato bacon, avo, feta	199
PEPPADEW™ PIQUANTÉ PEPPERS 45	
ruspante chicken, mushroom, tandoori spices	169
ragazzo bacon, salami, italian sausage, pepperoni	235
CALZONE OPTION	
zucca new dairy-free cheeze**, butternut and tomato base, roasted butternut, roasted beetroot, rocket, avo, sesame seeds, pumpkin seeds, sunflower seeds	220

** dairy-free cheeze contains nuts

abbacchio new roast lamb, feta, peppadew™ piquanté peppers, tzatziki	275
ortigiano artichokes, asparagus, olives, green pepper, mushroom	199
green genie avo, balsamic glaze, feta, roasted beetroot, roasted garlic, roasted butternut, rocket, *italian parmesan, pumpkin seeds, sesame seeds, sunflower seeds, shiitake mushroom	229
oh my seoul asian béchamel base, mozzarella, bulgogi beef, shiitake mushroom, red onion, sesame seeds, spring onion, korean chilli sauce	237
CALZONE OPTION	
fuccino new dairy-free cheeze**, mushroom, artichokes, roasted red pepper, garlic	229
lazio new dairy-free cheeze**, avo, balsamic roasted cherry tomatoes, pumpkin seeds, fresh basil, extra virgin olive oil	229
frutti di mare prawns, mussels, chilli, parsley, garlic lemon aioli	239
CALZONE OPTION	
mexicana béchamel sauce, beef mince, mozzarella, cheddar, rosso onion, jalapeño peppers	195
CALZONE OPTION	
hollywood scene bacon, thyme, rosso onion, avo, crispy onion	199
smokey babe spicy asian de-boned smoked pork, rosso onion, corn, mint, spring onion, coriander	249
smokey joe slow-cooked smokey bbq brisket, jalapeño, tomato salsa	239
CALZONE OPTION	
siciliana anchovy, olives	175
isolano jerk spiced chicken, pineapple, peppadew™ piquanté peppers, peri-peri sauce	189
matturo onion, pepperoni, green pepper	179
PEPPADEW™ PIQUANTÉ PEPPERS 45	
carne italian sausage, chorizo, onion, chilli, roasted red pepper, mushroom	235

pasta

spaghetti, tagliatelle or rigatoni wheat-free pasta R40

pomodoro new tomato, basil	129
amatriciana tomato, basil, garlic, bacon, chilli	135
butternut cappelletti new butternut cappelletti, sage brown butter, butternut chips, *italian parmesan	179
bolognese beef bolognese with *italian parmesan, garlic pangrattato	149
crema di gamberi pomodoro sauce, cream, prawns, cherry tomatoes	229
cielo basil pesto, cream, mushroom, baby spinach, cherry tomatoes, spring onion, *italian parmesan	195
CHICKEN 44	
the pollo chicken, mushroom, spring onion, pomodoro sauce, sour cream	189
crema di brisket new slow-cooked pulled beef brisket, creamy mustard sauce, tomato salsa	225
the beet beetroot sauce, feta, crispy onion, herbs	129
tortelloni pesto mozzarella & tomato tortelloni, basil pesto, cream, *italian parmesan, basil garlic pangrattato	195
funghi bianco exotic mushrooms, cream, herbs, *italian parmesan, truffle oil	209
HAM 30 BACON 39	
pea fresca pea & mint sauce, baby peas, feta, herbs	145
HAM 30 BACON 39	
homemade lasagna beef bolognese, béchamel sauce, *italian parmesan	169
rosso vivo tortelloni new mozzarella & tomato tortelloni, cream, italian sausage, roasted red pepper, paprika, *italian parmesan, crispy capers	199
spagnolo mussels, prawns, red peppers, olive oil, lemon butter, chilli, garlic, paprika	239
blu formaggi italian-style blue cheese sauce, bacon, garlic pangrattato, crispy onion	179
ragu di manzo slow-cooked, pulled beef short rib in red wine sauce, *italian parmesan	225
my goodness ravioli spinach & ricotta ravioli in a broccoli-spinach broth, bacon	199
zesty trout leek and smoked trout with lemon, chilli, dill	199

mega famiglia

mega portion perfect for sharing

mega salad

mega caesar new cos lettuce, croutons, egg, *italian parmesan, kinga’s caesar dressing	329
orientale new chicken, coriander, red onion, chopped lettuce, almond flakes, julienned carrots, cranberries, edamame beans, sesame seeds, oriental dressing	338
brioso new lettuce, rocket, roasted beetroot, cranberries, green yoghurt dressing, feta, roasted butternut, butternut chips, crispy onion	360
mega margherita tomato base, mozzarella, herbs	310
mega mozzafiato bacon, avo, feta	425
mega ragazzo bacon, salami, italian sausage, pepperoni	465

mega pizza 45cm

mega pasta

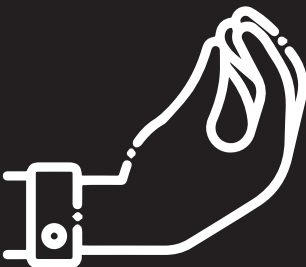
spaghetti, tagliatelle or rigatoni

mega bolognese beef bolognese with *italian parmesan, garlic pangrattato	389
mega funghi bianco exotic mushrooms, cream, herbs, *italian parmesan, truffle oil	459
mega ragu di manzo slow-cooked, pulled beef short rib in red wine sauce, *italian parmesan	490



A CHEF’S KISS DELIVERED

8 Mackeurtan Avenue 031 350 2825



menu guide

* contains animal by-product

** contains nuts



Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options plus 50% back on Vitality kids’ healthy meals, for under 12’s. Discovery Vitality (Pty) Ltd. T&Cs apply.

Our food is prepared in a kitchen that uses nuts, wheat, soy, gluten, shellfish, lactose, eggs, seeds and our olives may contain pips.

- Please note not all ingredients are listed.
- Any substitutions to menu items are subject to additional costs.
- Creative license used in the styling of images.