

antipasti

starters

pizza breads

herb or garlic & herb
garlic, herb & mozzarella
feta & onion

89
99
99

beef carpaccio

beef carpaccio, rocket, *italian parmesan,
black pepper, homemade dressing

150

insalata

salads

caesar

cos lettuce, croutons, egg, *italian parmesan,
kinga's caesar dressing

119

BACON 39 | CHICKEN 44 | ANCHOVY 44

brioso

lettuce, rocket, roasted beetroot, cranberries,
green yoghurt dressing, feta, roasted
butternut, butternut chips, crispy onion

159

CHICKEN 44

broccolo

rocket, broccoli, feta, avo, spring onion,
sunflower seeds, poppy seeds, oriental
dressing

159

greek

lettuce, cherry tomatoes, olives, feta, onion,
cucumber

125

edamame

cos lettuce, edamame beans, cucumber,
avo, grilled baby marrow, sunflower seeds,
broccoli, crispy onions, truffle dressing

159

orientale

chicken, coriander, red onion, chopped
lettuce, almond flakes, julienned carrots,
cranberries, edamame beans, sesame seeds,
oriental dressing

169

AVO 39

cobb

cos lettuce, chicken, bacon, cherry tomatoes,
avo, egg, ranch-style dressing, crispy onion

169

caprese

fior di latte mozzarella, tomatoes, olives, basil,
balsamic glaze

169

AVO 39 | SALAMI 39

tuscan bite

lettuce, salami, artichoke, roasted red pepper,
avo, seasoned croutons, *italian parmesan,
green olives, italian vinaigrette

179

zuppa

spicy tomato soup

roasted tomato, roasted red pepper, garlic,
herbs, chilli, served with ciabatta toast

99

minestrone

italian vegetable soup, *italian parmesan

99

pasta

spaghetti, tagliatelle or rigatoni
wheat-free pasta R40

pomodoro

tomato, basil

129

bolognese

beef bolognese with *italian parmesan, garlic
pangrattato

165

cielo

basil pesto, cream, mushroom, baby spinach,
cherry tomatoes, spring onion, *italian
parmesan

205

CHICKEN 44

the pollo

chicken, mushroom, spring onion,
pomodoro sauce, sour cream

189

funghi bianco

exotic mushrooms, cream, herbs, *italian
parmesan, truffle oil

209

HAM 30 | BACON 39

homemade lasagna

beef bolognese, béchamel sauce,
*italian parmesan

175

blu formaggi

italian-style blue cheese sauce, bacon, garlic
pangrattato, crispy onion

189

ragu di manzo

slow-cooked, pulled beef short rib in
red wine sauce, *italian parmesan

235

spaghetti meatballs

beef meatballs, pomodoro sauce,
*italian parmesan

170

alfredo

creamy bechamel sauce, garlic, ham,
mushroom, *italian parmesan

179

ancient grain bowls

mexican bowl

ancient grain, mexican mince, guacamole,
tomato salsa, sour cream, jalapeño, fresh
coriander

169

winter roast bowl

ancient grain, roasted butternut, roasted
beetroot, rosso onions, pomegranate,
sunflower and pumpkin seeds, green
yoghurt dressing

135

short rib bowl

ancient grain, pulled beef short rib, crispy
onions, tomato chilli salsa, fresh basil

185



tuscan bite

bambini pizza

calling all junior fans under 12!

build your own pizza

margherita

tomato base, mozzarella

89

choose your toppings

pineapple 12

olives, feta, mushrooms 15

ham 18

bacon, salami, italian sausage, avo 20

chicken 22

pepperoni 27

bambini pasta

pomodoro

tomato, basil

79

spaghetti meatballs

beef meatballs, pomodoro sauce,
*italian parmesan

89

bolognese

beef bolognese, *italian parmesan

89

homemade lasagna

beef bolognese, béchamel sauce,
*italian parmesan

95

alfredo

creamy béchamel sauce, garlic, ham,
mushroom, *italian parmesan

89

mac & cheese

cheddar cheese, seasoned white sauce,
macaroni, toasted breadcrumbs

79

bambini shakes

vanilla

39

bar one

49

unicorn [strawberry] new

49

galaxy [bubblegum] new

49

dolci

desserts

choc nut sundae

vanilla ice cream, bar one sauce, brownie
bits, crushed hazelnuts

99

double chocolate brownie

with salted caramel sauce, popcorn & vanilla
ice cream

99

sticky praline

malva pudding with pumpkin seed praline,
ice cream

89

pancakes

- italian chocolate hazelnut spread
& vanilla ice cream
- or salted caramel sauce, almond
flakes & vanilla ice cream

99

milkshakes

vanilla

60

berry

79

bar one

79

salted caramel

79

coffee

79

oreo

79

peanut butter new

79

choc mint new

79

dazzle your shake

100s & 1000s

12

caramel popcorn

15

bar one

15

salted caramel

15

cold beverages

still / sparkling water 500ml

30

soft drinks

[coke, creme soda, sprite, fanta, coke zero,
coke light, sprite zero]

33

coca cola 1L

[coke, coke zero]

45

appetiser, grapetiser

49

bos ice tea

[peach, lemon]

39

schweppes®

[soda, lemonade, ginger ale]

32

red bull energy drink

55

lunch

89

smaller portions | 11am - 4pm

piccolo pizzawich

salad served in an open
pizza sandwich

the goddess

mozzarella, fresh tomato, fresh rocket,
balsamic glaze, basil

lekker caesar

cos lettuce, chicken, parmesan, egg,
caesar dressing

mzansi fresh

rocket, roasted butternut, roasted beetroot,
feta, green yoghurt dressing, crispy onions

sesame slay

rocket, chicken, red onions, coriander,
balsamic glaze, carrots, sesame seeds

piccolo insalata

cape toscana

lettuce, cucumber, carrots, pickled red onion,
cherry tomatoes, feta, sunflower seeds

mozza verde

lettuce, baby marrow, carrots, mozzarella, egg,
crispy onions, caesar dressing

crispy harvest

lettuce, butternut, cucumber, feta, basil,
croutons, cranberries, vinaigrette, sesame
seeds

CHICKEN 22

piccolo pasta

butternut toscano

pomodoro sauce, roasted butternut, feta,
pumpkin seed praline

mushroom milano

pomodoro sauce, mushrooms, cream, basil

CHICKEN 22

spaghetti meatballs

piccolo pizza 24cm

piccolo mostarda

chicken, crispy onion, mustard mayo

piccolo pepperoni

pepperoni

piccolo olimpo

creamed spinach, olives, feta

piccolo margherita

tomato base, mozzarella, herbs

piccolo calzone

kaya kicker

mozzarella, pepperoni, pickled jalapeño

zaza zen

mozzarella, basil, balsamic tomato

the sizzlone

mozzarella, bacon, onions, bbq sauce

chik & chill

mozzarella, chicken, sweet chilli mustard mayo

wood-fired pizza

our pizzas can be ordered as a calzone or a half and half (two of your favourite pizza choices as 2 halves at an additional 10% cost).

create your own

margherita tomato base, mozzarella, herbs	129
fior di latte margherita tomato base, fior di latte mozzarella, fresh basil, *italian parmesan	149
cheezy margherita tomato base, extra mozzarella, herbs	149
principessa margherita basil, balsamic roasted cherry tomatoes, fior di latte mozzarella	169
vegan margherita tomato base, herbs, dairy-free cheeze**	155
carb conscious margherita tomato base, mozzarella, herbs	165
wheat & gluten free margherita tomato base, mozzarella, herbs	155

cheese me up

feta	30
*italian parmesan	35
mature cheddar	49
mozzarella full portion	49
fior di latte mozzarella	55
vegan dairy-free cheese**	69

choose your toppings

basil, chilli, garlic, rosso onion, green pepper, peri-peri **15**

crispy onion, roasted beetroot, pineapple, roasted butternut, pickled jalapeños **24**

olives, roasted red pepper, mushroom, ham **30**

asparagus, balsamic roasted cherry tomatoes, black mushroom **35**

bacon, salami, italian sausage, avo **39**

chicken **44**

anchovy, peppadew™ piquanté peppers **45**

artichokes, beef mince **49**

pepperoni, chorizo **55**

spicy asian de-boned smoked pork **112**

signature pizza

tikka twist chicken tikka, pickled red onion, green yoghurt dressing, coriander	185
calabrese bacon, salami, chicken, chilli, pickled red onion, coriander	209
masala tomato base, coriander chutney, masala chicken, mozzarella, mushroom, mature cheddar, chutney yoghurt, fresh coriander	215
sweet chilli chicken seasoned chicken, sweet chilli sauce	169
esotica ham, pineapple	165
morituri chicken, bacon, avo, feta, roasted pepper	229
regina ham, mushroom	179
verde rosa creamed spinach, roasted butternut, *italian parmesan, rocket, pickled red onion, avocado	209
norm's pralina butternut & tomato base, roasted butternut, chilli, feta, pumpkin seed praline, rocket	179
AVO 39	
stagionata ham, mushroom, artichokes, olives	199
nacho libre jerk spiced chicken, sour cream, homemade guacamole, tomato chilli salsa, coriander	235
diablo bacon, jalapeño, peppadew™ piquanté peppers	189
mozzafiato bacon, avo, feta	209
PEPPADEW™ PIQUANTÉ PEPPERS 45	
ruspante chicken, mushroom, tandoori spices	179
ragazzo bacon, salami, italian sausage, pepperoni	235
zucca dairy-free cheeze**, butternut and tomato base, roasted butternut, roasted beetroot, rocket, avo, sesame seeds, pumpkin seeds, sunflower seeds	220
tuscan zest creamed spinach, italian sausage, lemon zest, *italian parmesan	185
wholly guacamole salami, mushroom, garlic, tomato chilli salsa, mixed fresh herbs, sour cream, guacamole, crispy onions	235

tikka twist



ortigiano artichokes, asparagus, olives, green pepper, mushroom	199
green genie avo, balsamic glaze, feta, roasted beetroot, roasted garlic, roasted butternut, rocket, *italian parmesan, pumpkin seeds, sesame seeds, sunflower seeds, shiitake mushroom	235
fuccino dairy-free cheeze**, mushroom, artichokes, roasted red pepper, garlic	239
mexicana béchamel sauce, beef mince, mozzarella, cheddar, rosso onion, jalapeño peppers	195
hollywood scene bacon, thyme, rosso onion, avo, crispy onion	199
smokey babe spicy asian de-boned smoked pork, rosso onion, corn, mint, spring onion, coriander	249
peri peri chicken seasoned chicken, peri peri sauce	169
isolano jerk spiced chicken, pineapple, peppadew™ piquanté peppers, peri-peri sauce	189
carne italian sausage, chorizo, onion, chilli, roasted red pepper, mushroom	235
aglio pepperoni pepperoni, garlic	169
smokey bbq chicken seasoned chicken, smokey bbq sauce	169
butternut bliss roasted butternut, rosso onion, rosemary, roasted garlic, roasted red pepper	169
strega black mushroom, garlic, herbs, rosemary	165
mostarda chicken, crispy onion, mustard mayo	179
siciliana anchovy, olives	179
korean chicken seasoned chicken, corn, korean sauce	179
forresta salami, black mushroom, feta, garlic, green pepper	209
the moghul indian butter chicken, yoghurt, fior di latte mozzarella, coriander, crispy onion	235
oh my seoul asian béchamel base, mozzarella, bulgogi beef, shiitake mushroom, red onion, sesame seeds, spring onion, korean chilli sauce	245

** dairy-free cheese contains nuts

mega famiglia

mega portion perfect for sharing

mega salad

mega caesar cos lettuce, croutons, egg, *italian parmesan, kinga's caesar dressing	329
orientale chicken, coriander, red onion, chopped lettuce, almond flakes, julienned carrots, cranberries, edamame beans, sesame seeds, oriental dressing	338
brioso lettuce, rocket, roasted beetroot, cranberries, green yoghurt dressing, feta, roasted butternut, butternut chips, crispy onion	360

mega pizza 45cm

mega margherita tomato base, mozzarella, herbs	310
mega mozzafiato bacon, avo, feta	425
mega ragazzo bacon, salami, italian sausage, pepperoni	465
mega strega black mushroom, garlic, herbs, rosemary	360

mega pasta

spaghetti, tagliatelle or rigatoni

mega bolognese beef bolognese with *italian parmesan, garlic pangrattato	389
mega cielo basil pesto, cream, mushroom, baby spinach, cherry tomatoes, spring onion, *italian parmesan	485
mega ragu di manzo slow-cooked, pulled beef short rib in red wine sauce, *italian parmesan	490
mega blu formaggi italian-style blue cheese, bacon, garlic pangrattato, crispy onion	415



A CHEF'S KISS DELIVERED

BENMORE SHOPPING CENTRE
SANDTON
011 883 2022

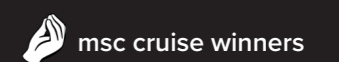


BENMORE

menu guide

* contains animal by-product

** contains nuts



Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options plus 50% back on Vitality kids' healthy meals, for under 12's. Discovery Vitality (Pty) Ltd. T&Cs apply.

Our food is prepared in a kitchen that uses nuts, wheat, soy, gluten, shellfish, lactose, eggs, seeds and our olives may contain pips.

- Please note not all ingredients are listed.
- Any substitutions to menu items are subject to additional costs.
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